

MONTH: _____

MIDDLEFIELD MEANS HEALTH DAYS

Where Families Grow Healthy



POINT SYSTEM: Each % betterment = 1 Point

TEAM NAME: _____

PLAYER NAME: _____

SCREENINGS	STARTING RESULTS	THIS MONTH'S RESULTS	Percent Change	Number of Points	Quarterly Results			
				Each % betterment = 1 Point	January	February	March	Percent Change
<i>Ex: Blood Pressure</i>	138/78	138/78	0%	0	138/78	n/a	n/a	0%
BONUS POINTS								
GENERAL NOTES:								