Middlefield Cardinal Recreation Department Program Registration Form

Phone: (440) 632-5248 Fax: (440) 632-0591 14860 North State Ave. Middlefield, OH 44062





OFFICE USE ONLY

*Codes

- □ CSD (Cardinal School district)

 NCSD (non-Cardinal School District)
- □ JFS Program Fee Assistance (application approval required)
- □ LATE (\$20)
- $\hfill \square$ NINA \$25 off program registration fee (application required)
- □ FAMILY/MULTI SPORT DISCOUNT

www.middlefieldohio.com.

- Second child (next highest priced program) 15% off of price of program.
 Third child (next highest priced program) 20% off of price of program.
- Fourth and up (next highest priced program) 25% off price of program.

Name:	Pho	ne:				T-Shirt Si YS (6)		rt	
Days that you can	n help: Mon Tues Wed	lp: Mon Tues Wed Thurs Fri Sat					YM (8) YL (10/12) AS, AM, AL, AXL		
Program	Participant's Name	D.O.B	Age	Gender	Grade	Experience Y/N	T- Shirt Size	Codes *	Program Fee
		/ /							\$
		/ /							\$
		/ /							\$
You may only register for you for this for programs).	rself or as a legal guardian of your family (a	unts, uncle	s, grandp	arents, etc ma	y not reg	gister participants	То	tal	\$
Last Name (parent/lega	l guardian) First Name			Email					
Street Address	Mailing address (if different	t from st	reet ac	ldress)		City			Zip Code
Home Phone	Work/Cell	Em	ergenc	y Contact	(Relat	ionship to par	rticipant	t) Pho	ne
Does this participant need	any special assistance? Yes	_No	-						
Explain:									
List any health problems, medi	cations, allergies or special meds								
In an emergency and we cannot be taken to the nearest hospital. In consideration of accepting this parent, athlete, and coaches code abide by these rules & regulations registration. In consideration of accepting this rights and claims for damages that and all injuries suffered by myself for medical coverage in the event may be used for promotional purpose.	TION RELEASE OF LIABILITY of contacted, I hereby authorize the adult it is registration, I fully understand that all of the soft conduct; are to be strictly adhered to; is could result in disciplinary action. In additional separticipation agreement, I hereby, for my at I or my child may have against the Village for my child at any activity sponsored by the that my child or I sustain any injuries prior poses. R AND RELEASE, UNDERSTAND THAT I HAN	the rules & under the cation, I am a arself, my che of Middlef to, during	regulation of the control of the con	ns applicable to the Recreation full payment irs, executors reation Department Recreation in articipation in	o the pro on Direct for any p and adm ment, it's Departn any spor	ogram; including but or and the program or activity inisters, waive and representatives an ent. I hereby assumented event. Your	nt not limite in staff and is due at th release any id employed ime full res or your chi	ed to, failure to e time of y and all es, for any ponsibility ild's image	
Signature of Parent/Lo	egal Guardian or Participant	 C	oate:		REFUN	efield Recreation's PO ND POLICIES, FUNDING S OF CONDUCT can be	G ASSISTANO	CE and	

Sudden Cardiac Arrest and Lindsay's Law Parent/Athlete Signature Form



What is Lindsay's Law? Lindsay's Law is about Sudden Cardiac Arrest (SCA) in youth athletes. It covers all athletes 19 years or younger who practice for or compete in athletic activities. Activities may be organized by a school or youth sports organization.

Which youth athletic activities are included in Lindsay's law?

- Athletics at all schools in Ohio (public and non-public)
- Any athletic contest or competition sponsored by or associated with a school
- All interscholastic athletics, including all practices, interschool practices and scrimmages
- All youth sports organizations
- All cheerleading and club sports, including noncompetitive cheerleading

What is SCA? SCA is when the heart stops beating suddenly and unexpectedly. This cuts off blood flow to the brain and other vital organs. People with SCA will die if not treated immediately. SCA can be caused by 1) a structural issue with the heart, OR 2) a heart electrical problem which controls the heartbeat, OR 3) a situation such as a person who is hit in the chest or a gets a heart infection.

What is a warning sign for SCA? If a family member died suddenly before age 50, or a family member has cardiomyopathy, long QT syndrome, Marfan syndrome or other rhythm problems of the heart.

What symptoms are a warning sign of SCA? A young athlete may have these things with exercise:

- Chest pain/discomfort
- Unexplained fainting/near fainting or dizziness
- Unexplained tiredness, shortness of breath or difficulty breathing
- Unusually fast or racing heart beats

What happens if an athlete experiences syncope or fainting before, during or after a practice, scrimmage, or competitive play? The coach MUST remove the youth athlete from activity immediately. The youth athlete MUST be seen and cleared by a health care provider before returning to activity. This written clearance must be shared with a school or sports official.

What happens if an athlete experiences any other warning signs of SCA? The youth athlete should be seen by a health care professional.

Who can evaluate and clear youth athletes? A physician (MD or DO), a certified nurse practitioner, a clinical nurse specialist, certified nurse midwife. For school athletes, a physician's assistant or licensed athletic trainer may also clear a student. That person may refer the youth to another health care provider for further evaluation.

What is needed for the youth athlete to return to the activity? There must be clearance from the health care provider in writing. This must be given to the coach and school or sports official before return to activity.

All youth athletes and their parents/guardians must view the Ohio Department of Health (ODH) video about Sudden Cardiac Arrest, review the ODH SCA handout and then sign and return this form.

Parent/Guardian Signature	Student Signature
Parent/Guardian Name (Print)	Student Name (Print)
 Date	Date



